

Precautions After Accessory Breast Liposuction

1. To reduce swelling and prevent infection, take the prescribed medication for about 7 days.
2. On the 7th day, return to the clinic for disinfection and removal of any remaining sutures, and avoid any actions that may irritate the surgical area.
3. Pain is usually most severe for 2–3 days, then subsides and does not significantly interfere with daily life.
4. When sleeping, keep your upper body slightly elevated and lie on your back in a proper posture.
5. For about 6 months after surgery, you may experience increased pain during menstruation.
6. Bruising may occur but typically resolves within 2–3 weeks.
7. Temporary numbness or hypersensitivity may occur. Around 6 months post-surgery, you may feel tingling or shooting pain in the area from time to time.
8. For 4 weeks, avoid alcohol and smoking, as they can delay healing and increase the risk of infection.
9. Showering is generally allowed from the day after suture removal, following your doctor's instructions. After showering, make sure the surgical site is completely dry. Saunas and hot baths are allowed only after 4 weeks.
10. For the first 2–3 months, swelling may cause size differences between both sides. Complete resolution of swelling usually takes 3–6 months.
11. Avoid intense or strenuous exercise for at least 2–3 weeks (e.g., gym workouts, golf, swimming), as excessive movement can cause the incision site to open and result in scarring.
12. After returning home, a blood-tinged fat-dissolving solution may drain from the wound area for up to 3 days. The more it drains, the faster swelling may subside. If it does not drain, it will be absorbed naturally during recovery.

⚠ If you experience any unusual discomfort or have further questions, please contact the clinic.



www.okayps.co



+82 10 3395 6887



contact@okayps.co



4F, 5F, 715 Samseong-ro, Gangnam-gu, Seoul



WhatsApp