

Precautions After Ear Keloid Treatment

1. On the day of surgery, rest and sleep on your back facing the ceiling.
2. When washing your face, showering, or shampooing, be sure to wear an ear cap (like those used at salons for dyeing or perm treatments). The surgical site should not be touched.
3. After washing, remove the ear cap immediately and dry the area with a hair dryer on a weak, cool setting.
4. On the fifth day after surgery, remove the tape and apply the prescribed eye ointment (Terramycin) thinly twice a day.
5. Avoid lifting heavy objects or strenuous exercise for about 14 days after surgery. (More intense exercise is recommended only after 4 weeks.)
6. Visit the clinic the day after surgery for follow-up treatment.
7. From about 1 month after surgery, the site may appear firm and red, and itching may occur for up to 3 months.
8. Stitches can be removed after 21 days.

⚠ If you experience any unusual discomfort or have further questions, please contact the clinic.



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